

**“As I Rejoice in the LORD” Movement Guide**  
**(Psalm 104:33-34)**

**MUSICAL INTRO** (Sway to music throughout musical introduction; clap twice on two big drum beats.)

**CHORUS**

**I will sing to the LORD all my life** (Slightly curve left arm with palm up – with fingers of the right hand together, pass them over the left arm with a sweep toward and away from the body for ***I will sing***; make an “L” with the thumb and index finger of the right hand, and cross from the left shoulder to the right hip [like a banner] for ***to the LORD***; make an “L” on each hand using thumbs and index fingers, and draw the index fingers up in front of the body for ***all my life***.)

**I will sing praise to my God as long as I live** (Raise hands in the air for ***I will sing praise to my God***; position right hand with index, middle and ring fingers folded in, and thumb and pinkie out – touch thumb to temple and pull hand out to the right for ***as long as***; make an “L” on each hand using thumbs and index fingers, and draw the index fingers up in front of the body for ***I live***.)

**May my meditation be pleasing to Him** (Make a fist with the right hand – extend index finger and move in a circle near the right temple for ***May my meditation***; face the open palm of the right hand toward the chest and move in a circular motion for ***be pleasing***; make a fist with the right hand – extend index finger and point up for ***to Him***.)

**As I rejoice in the LORD** (Make fists with both hands, but keep the pinkies up – scrape chest with the pinkies three times for ***As I rejoice***; make an “L” with the thumb and index finger of the right hand, and cross from the left shoulder to the right hip [like a banner] for ***in the LORD***.)

**VERSE**

**Praising Him ev’ry day** (Put hands up in the air and sway back and forth.)

**In all I do and say** (Make fists and cross the right arm over the left – pull hands out of crossed position, opening them and facing palms up for ***In all [everything]***; hold hands loosely and curved [as if ready to play the piano], palms and fingers down – move hands back and forth for ***I do***; make a fist with the right hand, extending the index finger – put the index finger to the mouth, then bring it out and down in an arc for ***and say***.)

**Near Him I’ll always stay** (Put right hand up on the right side of the body with palm facing in and bring left hand to the right, both palms facing each other for ***Near Him***; hold hands palms down in front of the body – push down for ***I’ll always stay***.)

**As I rejoice in the LORD** (Repeat motions as above.)